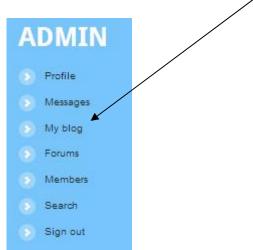


STEP 1: UPDATE YOUR PROFILE

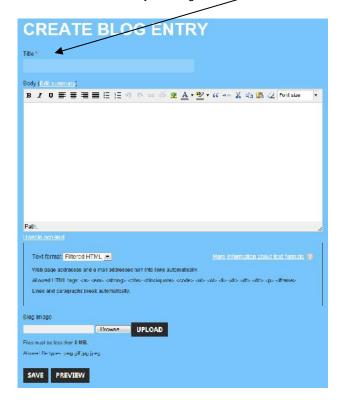
- TASK 2 START YOUR BLOG
 - 1. Select MY BLOG from the ADMIN menu.



2. Select POST NEW BLOG ENTRY.

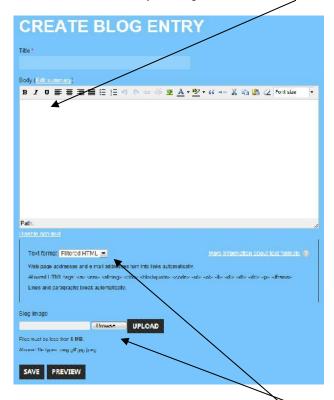
DR JAMES PRATT'S BLOG

3. Enter the TITLE of your Blog.





4. Enter the content of your Blog in the BODY.



- 5. Select FILTERED HTML to use a word editor.
- 6. ADD an image to give your Blog impact by selecting BROWSE, choosing an image on your computer and then select UPLOAD (you will see a preview thumbnail when its loaded).
- 7. Select SAVE
- 8. You can also edit your Blog to make changes if it doesn't quite look right or you want to add or delete content or images etc.
- 9. Your Blog allows you to show your skills, knowledge and promote what you do to members and visitors. This is your opportunity to show members how you can help them and what you are doing or working on. You want to keep your Blog updated by posting new Blogs at least once a week.